



Baby/Toddler Proofing List

For Safety and Sanity

Babies and toddlers are born explorers; keeping the environment open for exploration makes life easier for caregivers and supports healthy development of self-esteem.

Stairs

- 🌿 Baby gates at top and bottom, especially early on or with wood or tile

Kitchen Drawers/Cabinets

- 🌿 Lock up anything sharp or dangerous
- 🌿 Can allow playing with plastic storage containers, pots and pans, wooden and plastic spoons and spatulas if you feel comfortable

Shelving and Other Heavy Furniture

- 🌿 Secure all heavy and unstable furniture to the wall such as shelves, armoires, dressers

Clear/Redecorate Lower Shelves

- 🌿 Remove any dangerous sharp or glass decor, kids love to clear shelves
- 🌿 If this is annoying for you, consider putting your books away for a year or so and replacing with toys and/or children's books

Pad Sharp Corners

- 🌿 Pad sharp table corners and tile steps

Windows

- 🌿 Put window locks on any windows that open more than four inches
- 🌿 Keep window blind cords out of reach at ALL times, there are some cord wrappers available on the market

Outlets

- 🌿 Sliding outlet covers are available for outlets you use often (vacuum)
- 🌿 Outlet covers for outlets that are constantly in use (lamps)
- 🌿 Outlet plugs for those rarely in use



Balcony, Loft, Landing

- ✿ For posts more than 4" apart use banister shields
- ✿ If banisters or walls are low, make sure there are no stools, or chairs available for kids to use to get up on or over the top

Stove Knobs

- ✿ Install stove knob covers or locks to prevent access to burner knobs

Toilets

- ✿ Install toilet locks to prevent little ones from playing in the water and falling in

Door Knobs

- ✿ Install knob locks on rooms unsafe for children:
 - Office
 - Garage
 - Front Door
 - Bathrooms (access to faucets)

Front Door

- ✿ Many options are available to secure the front door:
 - Install a latch/lock up high
 - Door knob locks
 - Locking screen
- ✿ Best, yet at least 2 or all 3 options!

Water Heater

- ✿ Set water heater to 120 degrees or less

Electronics/Computers

- ✿ Put DVD Players, game consoles and any other equipment up high or inside locking cabinets along with the power strip(s)
- ✿ Secure TVs well to walls
- ✿ Keep computers in office with door locks, in locking drawers or up high



Things to Keep Out of Reach

Plastic bags
Cleaners
Medications
Knives and other sharp objects
Tools
Cosmetics
Electrical Cords
Lighters
Matches
Lit Candles
Guns
Weapons of any kind



This list is meant to cover the basics of most homes. Your home may have different items or new technologies that are not covered here.

Baby proofing products are meant to be deterrents; they are not meant to substitute for proper adult supervision. Never leave a child unattended.

Over 100 children a year are killed in unintentional shootings in the United States; most of them due to improperly stored and locked guns in the home. If you have gun(s) in the home, be sure they are properly stored and locked and always out of reach of children.