



Choices

Getting Ready

Choose times you want to increase cooperation:

- ☐ Getting dressed
- ☐ Leaving the house
- ☐ Clean up
- ☐ Homework
- ☐ Bedtime

- ☐ Mealtimes
- ☐ Leaving play date/park
- ☐ Outings/shopping
- ☐ Chores
- ☐ Other: _____

Scenario 1: _____

How Choices: _____

Where Choices: _____

When Choices: _____



Scenario 2: _____

How Choices: _____

Where Choices: _____

When Choices: _____

Scenario 3: _____

How Choices: _____

Where Choices: _____

When Choices: _____
