



Choices

Getting Ready

Choose times you want to increase cooperation:

- Getting dressed
- Leaving the house
- Clean up
- Homework
- Bedtime

- Mealtimes
- Leaving play date/park
- Outings/shopping
- Chores
- Other: _____
- _____
- _____

Scenario 1: _____

How Choices: _____

Where Choices: _____

When Choices: _____



Scenario 2: _____

How Choices: _____

Where Choices: _____

When Choices: _____

Scenario 3: _____

How Choices: _____

Where Choices: _____

When Choices: _____
